Alden continues to help individuals function to the best of their ability when they leave our rehabilitation program and return home.

**Outpatient Therapy**
Continue therapy, as an outpatient, at Alden after discharge.* You can have the same therapist and team you’ve come to know and trust. And, best of all, we can continue to work seamlessly with you to meet your rehab goals to achieve maximum functionality and be as active as possible.

**Medication & Pain Management**
Patients do not have to worry about having their medications when they get home after leaving Alden. We will review all medications and provide prescriptions at discharge.

**Home Medical Equipment**
With over 20 years of experience, our medical equipment division has everything you need after discharge to stay safe and healthy in your home. Equipment and supplies can be conveniently delivered to your home where our expert staff can train you on their use.

**Private Duty Nursing**
Customized home and nursing services are available to keep individuals as independent as possible while enhancing their quality of life. From grocery shopping and cleaning to medication management and wound care, we can meet your needs.

**Hospice Care**
Our staff works with individuals to ensure their comfort, through the relief of pain and assistance in reframing hope - both for the patient and family.

**Adaptive Equipment**
Alden can arrange for adaptive equipment that may be needed to assist with completing activities of daily living in the home.

Alden provides you with everything and more that you need to make your transition from the hospital, to rehab at Alden, and home as smooth as possible. For more information about The Alden Network and our full continuum of services, please call 1-800-291-5900 or visit TheAldenNetwork.com.

*select locations
Patient Gives Alden an A+

“I was flat on a hospital bed when I was admitted to Alden Estates in Evanston. I had total knee replacement for both knees just a few days before I came to Alden and was quite uncomfortable, which the nurses at the hospital told me is normal after major surgery. The staff at Alden did everything they could to make me feel better. My therapist was wonderful – she pushed me hard but I was able to get out of bed and start walking around pretty quickly thanks to her and all of her encouragement. The nurses get an A+ – I can’t say enough about how well they took care of me. The food and the beautiful dining room with fireplace is a gem. I would go back to Alden in a heartbeat if I ever need rehab again.”

— Edgar W., Evanston Post-Acute Rehabilitation Patient

State Comptroller Visits Alden

Illinois Comptroller Leslie Geissler Munger visited the Alden of Waterford campus in Aurora recently to discuss health care and the budget impasse.

She began her tour at Alden’s Post-Acute Rehabilitation Center where she introduced herself to short-term patients and staff. Geissler Munger then joined Alden’s leadership team at the memory care assisted living community followed by the independent senior living buildings and lastly, Alden Gardens of Waterford Assisted Living Community.

“We were thankful to have the opportunity to meet with the Comptroller about issues impacting senior health care and services,” said Randi Schlossberg-Schullo, Alden President. “She has a very good grasp of the priorities facing our industry.”

A Memory Care Model That’s Different From the Rest

Offering a holistic approach to quality care and services for individuals with Alzheimer’s, Parkinson’s and other conditions that cause dementia.

Alden Courts of Shorewood provides memory care with assisted living services and offers the convenience of skilled rehabilitation services when needed.

This unique memory care model ensures your loved one’s safety, security and comfort if their health care needs ever change.

FAST FACTS

There are more people over age 60 than under 15 years of age.

Older adults age 65 and older vote more than any other age group.

Most adults over the age of 65 get a flu shot each year - 75%!

Exercise is key to successful aging.

OrthopedicPro™ Comes to Alden Estates of Skokie

Alden Estates of Skokie, the premier short-term orthopedic recovery center on the North Shore, has expanded its Orthopedic Rehabilitation services.

This comprehensive program, OrthopedicPro™, now treats a large variety of orthopedic conditions. In addition to elective hip and knee replacement patients, Alden Estates of Skokie welcomes individuals with elective ankle and shoulder replacements, along with those who have had back surgeries and other fractures that would benefit from five-star orthopedic recovery.

To make a reservation, call 847-676-4800 or visit www.AldenEstatesofSkokie.com

Lois Eygabroad, resident at Alden Gardens of Waterford Assisted Living Community, had the honor of meeting Illinois State Comptroller Leslie Geissler Munger during the Comptroller’s tour of the Alden of Waterford campus. They were joined by Alden President Randi Schullo, second from right, and Alden Gardens of Waterford Executive Director Bobbie Skudrna.

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— EDGAR W., EVANSTON POST-ACUTE REHABILITATION PATIENT

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Alden Courts of Shorewood can provide specialized rehabilitation, nursing and therapy care and services designed exclusively to assist individuals with memory care issues.

Memory Care Assisted Living Services
Offering both memory care and assisted living, your loved one will receive the care and services needed to help them live life to the fullest.

- Private rooms
- Improved quality of life
- Three neighborhoods based on level of care
- Assistance with activities of daily living
- Specially trained and licensed staff
- Specialized nutritional program
- Ability-focused programming
- Enclosed outdoor courtyards

Skilled Rehabilitation/ Medicare Covered Services
If your loved one experiences a fall, injury or medical condition that requires rehabilitation and therapy, Alden Courts of Shorewood can provide specialized rehabilitation, nursing and therapy care and services designed exclusively to assist individuals with memory care issues.

- Physical Therapy
- Occupational Therapy
- Speech-Language Therapy
- Post-Acute Rehabilitation
- Orthopedic, Cardiac, Pulmonary and NeuroStroke
- Wound Care
- Pain Management
- IV Therapy

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The Best just got Even Better

OFFERING NEW PROGRAMS AND AMENITIES

- Private Rooms with Bedside Telephones and Voicemail
- Expanded Therapy Gym
- Exclusive OrthopedicPro™ and CardioPro™ Programs
- New Executive Chef Offering Fine Dining and a la Carte Menus
- Preferred Provider for Post-Acute Network (PAN) Programs
- Full Electric Hospital Beds for Increased Comfort and Safety
- Flat Screen TVs With Cable Channels
- Stocked Fishing Pond

Make a Reservation Today
Call 708-403-6500 or visit www.AldenEstatesofOrlandPark.com

ALDEN ESTATES OF ORLAND PARK
Post-Acute Rehabilitation Center

Located throughout Chicago and the suburbs, Rockford and Southern Wisconsin
24 Short-Term Rehabilitation & Health Care Centers • 4 Assisted Living Communities
2 Memory Care Centers • 10 Senior Living Communities • 6 Special Needs Facilities

THE ALDEN NETWORK