

ALDEN ESTATES OF NORTHMOOR

Alzheimer's Support Group

At Alden Estates of Northmoor, we know that promoting the comfort and quality of life for people with dementia, while taking care of yourself presents special challenges. Our support group can help you face those challenges by sharing information and experiences in a compassionate environment. Our support group is structured to help you:

- Gain better understanding of the disease
- Share your experiences with those who face the same challenges
- Educate yourself about treatments and expectations
- Develop methods and skills to solve problems dealing with loved ones struggles
- Maintain personal, physical & emotional health
- Foster personal growth and development

For more information contact Lauri Trad,
Pathways Director at 773-775-8080 or
email nm_dementia@thealdennetwork.com



ALDEN ESTATES OF NORTHMOOR

5831 N. Northwest Hwy, Chicago, IL 60631
www.AldenEstatesofNorthmoor.com

Wednesday, January 21
5:30 pm – 6:30 pm
Map Room

Please join us as Nancy Flowers, LCSW, from Rainbow Hospice and Palliative Care leads us through an interactive discussion on how to bridge meaningful visits with a loved one with dementia.

RSVP to:
773-775-8080

