



# News Release

**FOR IMMEDIATE RELEASE**

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## Enjoying a Night of Pampering and Relaxation

Chicago, Ill. — Recently, Alden Wentworth Rehabilitation and Health Care Center on Chicago’s Southside held a Spa Night and Continuing Education (CEU) seminar for the community and health care professionals. Over two dozen people attended and enjoyed spa services such as massages, manicures and make-up applications as well as a delectable array of hors d’oeuvres, refreshments and cocktails.



*Massage Therapists providing a chair massage to an attendee.*

The CEU Seminar, “Laughing Your Way to Wellness,” was presented by Colleen Caron, RNC, MC. Representatives from Northwestern Memorial Hospital, University of Chicago Hospital, St. Bernard Hospital and local senior living communities were in attendance.



*Social workers and other health care professionals enjoyed massages, manicures, and makeup applications and received credit for attending the CEU presentation at the Spa Night.*

*Left to right, front to back, Tabitha Hicks, Lafayette Terrace Senior Apartments, Charisma Pryor, Northwestern Memorial Hospital Marcia Currie, Senior Living Services Coordinator, Pastell Farrow and Ron Sorrells, Kenneth Campbell Senior Living, Andre Johnson, University of Chicago Hospital, Talia Thompson, Director of Nursing Alden Wentworth, and Carthinal Dawson, St. Bernard Hospital.*

“We were so happy to have Alden Wentworth’s Spa Night and CEU Seminar. It was wonderful seeing our community enjoying the relaxing night and socializing,” says Charlene Hill-Jeon, administrator, Alden Wentworth.

*Alden Wentworth Rehabilitation and Health Care Center offers programs to address the needs of both short-term therapy, rehabilitation patients and long-term residents and is located at 201 W. 69th St. in Chicago. For more information, call 773-487-1200 or visit [www.aldenwentworth.com](http://www.aldenwentworth.com).*

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