



# News & Information

## FOR IMMEDIATE RELEASE

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### **MCHENRY REHABILITATION AND HEALTH CARE CENTER RECEIVES STATE RECOGNITION**

**McHenry, Illinois (October 29, 2007)** - Alden Terrace of McHenry Rehabilitation and Health Care Center was recognized at the recent Illinois Health Care Association Convention held in Peoria.

“Breakfast and Learn Events,” co-sponsored with Senior Services Associates, received IHCA’s Community Partnership of the Year award. The collaboration between

Alden Terrace of McHenry and Senior Services Associates included offering seniors in McHenry County educational programs on a quarterly basis.



*Lesley White, Administrator, Alden Terrace of McHenry Rehabilitation and Health Care Center, accepts the Community Partnership Award at the IHCA Convention in Peoria.*

“We are honored to have been recognized by an organization such as IHCA and for working with an organization such as Senior Services Associates,” says Lesley White, Administrator, Alden Terrace of McHenry. “I am glad we work so closely with Senior Services Associates to offer programming that makes a positive impact on the lives of our seniors.”

“Breakfast and Learn” topics focused on issues of importance to older adults, including Positive Images on Aging, Memory Matters, Laugh for the Health of It and Understanding Dementia. Knowing the importance of interaction among the elderly, the primary goal of the programs was to bring seniors into the local senior center and to give them an opportunity to get out of their homes and socialize with their peers. A secondary goal was to identify individuals who could benefit from programs and resources the senior service agency offers, including case management services, meals on wheels and activity programs. In total, over 300 seniors attended the quarterly sessions.

Alden Terrace of McHenry arranged speakers for each of the programs and provided the meals. Senior Services Associates helped seniors identify available community programs and resources and advertised the programs.

Alden Terrace of McHenry Rehabilitation and Health Care Center is located at 803 Royal Drive in McHenry, 815-344-2600 or visit [www.aldenterraceofmchenry.com](http://www.aldenterraceofmchenry.com).

*Alden Terrace of McHenry Rehabilitation and Health Care Center offers programs that address the needs of short-term therapy and rehabilitation patients as well as long-term residents.*

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