



NEWS RELEASE

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BLOOMINGDALE EMPLOYEE NAMED 'HERO IN LONG-TERM CARE'

Bloomington, Ill. (June 10, 2010) – Alden Valley Ridge Rehabilitation and Health Care Center resident Colleen Demo was recently selected a 'Hero in Long-Term Care' by the Illinois Health Care Association and the Illinois Council on Long Term Care. A resident of Alden Valley Ridge for three and a half years, secretary of the facility's Resident Council as well as gift shop manager, Demo was selected for positively impacting the quality of life of residents at the facility. She received a certificate of recognition as part of National Nursing Home Week.



“Residents and staff at Alden Valley Ridge benefit from the skills and kindness of this remarkable woman,” says Barbara Soden, activity director, Alden Valley Ridge. “She makes a difference every day through her work as Secretary of the Resident Council and her contributions to the rehab facility’s gift shop.”

As the secretary of the Resident Council for the past two years, Deemo has shared numerous innovative ideas and brought forth and followed-up on resident concerns that resulted in positive changes at the facility. In the short time, Deemo has been in her position on the Resident Council she has become an advocate for fellow residents and a trusted resource for staff.

Perhaps Colleen’s greatest contribution to everyone’s quality of life at Alden Valley Ridge is her role in running the Gift Shop. She shops with the Activity Aide to keep her counter

full of snacks, her refrigerator full of chilled drinks and her shelves loaded with toiletries and new products to try. She regularly helps residents select greeting cards and keeps her eye open for something donated that a resident might really like for themselves. She is also very helpful in guiding residents to books that have been donated by the community that they can borrow from ‘her shop.’ Residents and staff look forward to seeing her heading down to the shop each day and really enjoy their chats with their special ‘shop keeper.’

“Colleen makes a difference everyday for so many residents and staff,” says Don Dalicandro, administrator, Alden Valley Ridge. “We appreciate her dedication to her fellow residents and to our facility and celebrate the chance to thank her for her exceptional efforts!”

Alden Valley Ridge Rehabilitation and Health Care Center is located at 275 E. Army Trail Rd. in Bloomingdale. To learn more about Alden Valley Ridge, call 630-893-9616 or visit the website at www.aldenvalleyridge.com.

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