



# NEWS RELEASE

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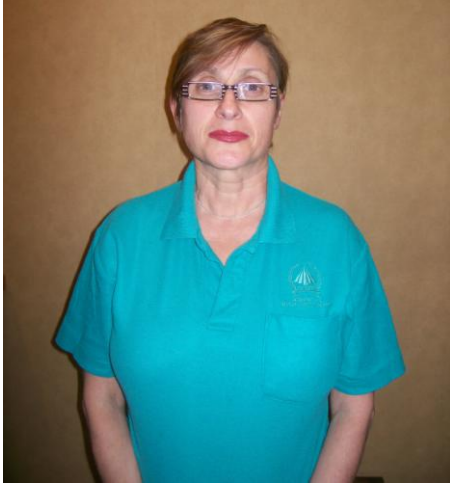
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### **DES PLAINES EMPLOYEES NAMED 'HEROES IN LONG-TERM CARE'**

Des Plaines, Ill. (June 8, 2010) – Three Alden Des Plaines employees were recently selected ‘Heroes in long-Term Care’ by the Illinois Health Care Association and the Illinois Council on Long Term Care. Romina Narciso, clinical support supervisor, Alden Des Plaines Rehabilitation and Health Care Center; Natalia Luskin, R.N., staff nurse, Alden Courts of Des Plaines Memory Care and Assisted Living Community; and May Murayama, C.N.A., Alden Gardens of Des Plaines Assisted Living Community, were selected for positively impacting the facility’s quality of life and for their commitment to serving the needs of the residents and their families. They received a certificate of recognition as part of National Nursing Home Week.



“Romina is the type of person who is willing to do anything and everything to make sure her residents are happy here at Alden Des Plaines,” says Nicky Kamaris, acting administrator, Alden Des Plaines. “She goes the extra step to get all of her work done, take care of the residents and anything else the building may need.”



Natalia Luskin, R.N., was nominated for her concern, empathy and dedication for the residents she cares for at Alden Courts of Des Plaines.

“Natalia is well known throughout the facility for her compassion and energy,” says Margie Hernandez, executive director, Alden Courts of Des Plaines Assisted Living. “She is highly respected by her peers and appreciated by residents and their family members because of the way she cares for everyone. Natalia

adapts her plan of care to include and meet the specific needs of her residents so she can provide the best care possible to each and every resident. She shows great concern for the welfare of others and is always actively involved in taking the initiative to find solutions to challenges.”

Viewed as a valued member of the nursing team, May Murayama, C.N.A., was recognized for being a trusted employee who creates a positive and peaceful environment for all residents, staff and visitors.



“May has a strong compassion, concern and comprehensive knowledge of what it will take to meet her residents’ needs,” says Kristi Burg, social service director, Alden Gardens of Des Plaines. “She is always willing to do whatever it takes to get the job done. She is genuinely interested in helping others and providing care in a heartening and helpful manner.”

*Alden Des Plaines is located at 1221 E. Golf Rd. in Des Plaines. For more information about Alden Des Plaines Rehabilitation and Health Care Center visit [www.thealdennetwork.com](http://www.thealdennetwork.com).*

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